

# Summer Events

### **Swim Lesson Registration**

Tuesday/Thursday—June 4th & 6th 2013 3PM to 6PM at Crystal Lake and Gath Pool

Saturday—June 8th 2013 from 1PM to 4PM at both Crystal Lake and Gath Pool



### Session 1 Lessons Begin—Thursday June 27, 2013

July 4th Celebration—Crystal Lake will open at 1PM on a weekend schedule Thursday July 4th, 2013.

Halloran Park at 9PM on July 4th for the annual Fireworks Display. Carnival Date will be posted in August

# **Safety Breaks are taken Daily at:**

12:00 Noon, 3:00 PM, 5:00PM Weekends 3:00 PM & 5:00PM

The Parks and Recreation Department reserves right to make extra breaks at manager's discretion

# American Red Cross

### **Schedule of Activities**

Is on the Crystal Lake main page in the calendar of activities



### **Swimming Lessons:**

Parks and Recreation provides lessons to residents for a nominal fee. The fee for the 2012 season will be \$45.00 per person/session. A swim permit is also a requirement for all participants in the learn to swim program regardless of age. The season swim permit must be purchased prior to lesson.

We have four sessions of lessons for the summer of 2013, please note the session dates below:

Session 1 - June 27, 2013 through Friday July 5, 2013 Crystal Lake is open

Wednesday, July 4, 2012 Weekend/Holiday Schedule at 1PM—No Lessons

Session 2 - July 8, 2013 through Friday - July 19, 2013

Session 3 - July 22, 2012 through Friday - August 2, 2013

Session 4 - August 5, 2013 through Friday - August 16, 2013

The Parks and Recreation Department Learn to Swim Program is an authorized provider of American Red Cross Learn to Swim Programs. As such the department is obligated to follow the guidelines of the American Red Cross. The program offered will be the newly released 2009 American Red Cross Learn to Swim Program. This program now has age restrictions as part of the program. Children under 6 must be registered for the Pre-School Program. Participants in the progressive learn to swim program levels 1-6 must be a minimum of 6 years or they must be in the pre-school program.

# 2013

# Crystal Lake





Setti D. Warren, Mayor Robert J. DeRubeis, Commissioner

Carol K. Stapleton, Manager Crystal Lake Phone: 617-552-7124 Www.newtonma.gov/gov/parks





# **Summer Swim Permit:**

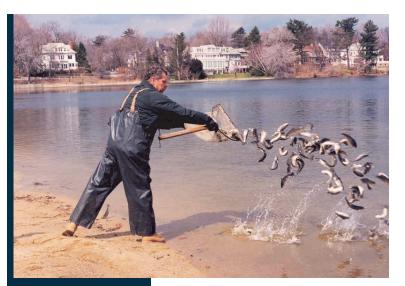
Permits are issued to **RESIDENTS ONLY** for the Summer season.

- Fees are nonrefundable.
- Adults (18 years and over ) cost \$45.00 for the season
- Students Residents are considered (any person age 6 through age18) \$20.00 per person.
- All participants enrolled in the learn to swim program are required to purchase the summer season permit regardless of age
- Seniors (age 62 and over) \$20.00 per person.
- Resident Adult Daily fee \$6.00.
- Resident Student Daily Fee: \$4.00,
- Non-Resident Daily Fee \$10.00 each regardless of age.
- Residents with financial hardship may apply to the Commissioner of Parks and Recreation for a scholarship/fee waiver.
- Summer swim permits are valid at both Crystal Lake and Gath Pool.



**Easy Registration O**n-line swim lesson registration available at <a href="https://www.newtonma.gov/parks">www.newtonma.gov/parks</a> There are links from the Crystal Lake pages and the swim level description pages to the on-line registration site. Payment is due with Master Card or Visa only at time of registration.

**Swim Wear:** Bathing suits are a required under Massachusetts Health Code. No Substitutes will be accepted. Positively no street clothes, cutoffs, leotards etc..... All patrons must take care in purchasing socially acceptable bathing attire. Management reserves the right to determine what will be acceptable swim wear. Use of a white "T" shirt is permitted in swim areas where you can stand up.



# Fishing at Crystal

- Annually the Massachusetts Department of Wildlife and Fisheries stocks Crystal lake with Rainbow Trout.
- When fishing at Crystal Lake we ask that you do not fish from the beach during the summer swimming season. A fishing license is required.
- If you have any questions please contact Carol Stapleton at cstapleton@newtonma.gov or call her at Crystal Lake 617-552-7124









# **Crystal Lake Facility Rules and Regulations**

**ENTRY**: All patrons must stop at the desk prior to entering the bathhouse and scan their permit in the bar-code reader. Each child (under age 18) must also sign in with the bathhouse attendant, his/her name, permit number, telephone number and time in. Upon leaving patrons must also check out by indicating his departure time.

**DESIGNATED SWIM AREAS**: Patrons may swim only in the area for which they are qualified by test. Test times will be posted at the Lake, or by inquiry of any lifeguard.

CHILDREN'S SWIM REQUIREMENTS: Patrons using the deep water area of Crystal Lake, which includes area beyond inner H–dock or roped off area (booms) must be able to meet the Red Cross Exit Requirements for Level 4:

**H–DOCK SWIM TEST:** Perform a feet-first entry into chest-deep water, swim front crawl for 25 yards, maintain position on back 1 minute in deep water (floating or sculling), and swim elementary backstroke for 15 yard swim breaststroke 15 yards, tread water for 1 minute, swim back crawl 25 yards.

**Toddlers**, **preschoolers** and **patrons** unable to meet the above swim requirements are allowed in the shallow area of the Lake only, not beyond the inner H-dock or roped off area (booms). The parent or legal guardian must accompany the child at all times, whether in or out of the water, and assumes full responsibility for his/her child's supervision.

**ADULT SWIM REQUIREMENTS:** All non-swimmer adults must remain in the shallow area of the Lake, or must be able to pass the same swim test as listed under CHIL-DREN'S SWIM REQUIREMENTS. Whether or not an adult should take this test is left up to the discretion of the head-lifeguard.

**DIAPERS:** No Children with Diapers are allowed in the water. All soiled diapers must be placed in the proper receptacle inside changing rooms only. Do Not dispose of diapers in outside trash barrels.

**INJURY**: Patrons who need help in case of injury or illness should call immediately for assistance from the nearest lifeguard.

**GUARDS**: The lifeguards have absolute authority to enforce the rules.

**OVERCROWDED CONDITIONS**: If the Lake becomes overcrowded, it will be necessary to take the following steps:

- A. The doors will be Closed
- B. Potential swimmers will not be allowed to enter until sufficient numbers of swimmers leave the Lake Area.
  - C. Additional Break Times to be Determined by Manager on Duty



**SWIM APPARATUS**: Snorkels, Fins, Masks, Inner Tubes, Inflated Toys of any kind are not allowed except during organized lesson program offered by Recreation Department.

**BEACH OBSTACLES**: Beach chairs, umbrellas, baby carriages, blankets, and any other object that would take up unnecessary beach space may not be used. Also, No Glass containers of any kind allowed in the Lake Area. Smoking is not allowed in any public facility.

**ANIMALS:** No animals are allowed on or about the premises except "Certified service animals providing medical support when accompanying the persons whose needs they are trained to meet are allowed access to the bathhouse and swimming area."

### PLEASE LEAVE ALL OTHERS AT HOME

**FOOD:** Absolutely no food, drink, alcoholic beverages, drugs or other controlled substances permitted on the beach.

**BICYCLES**: Bicycles must be placed at the designated area of the parking lot, placed in bike rack and locked with proper device. The Parks and Recreation Department assumes no responsibility for lost or stolen bicycles or items. **RULES**:

No running in the bathhouse, beach area. No jumping off the docks backwards. No pushing from the dock. No swimming under the docks. No tag games on the docks or raft. Ball games not allowed on beach or in water. No loitering, No smoking on beach.

**DUSK**: There are many factors that enter into the determination of when dusk is. The Parks and Recreation Department's greatest concern is for the safety of the general public. Other considerations that are weighed in the decision are as follows; the amount of natural light available, the clarity of the water, local weather conditions and the size of the swimming crowd. **Pre-Season Schedule**:

6/10 through 6/26 will be 3PM to Dusk—changes posted for early school dismissal

# **Crystal Lake Schedule of Operations**

### Regular Season Schedule:

June 27 through August 16, 2013 is as follows:

Swim Lessons 9:30 a.m. until 3:30 PM. Monday–Friday General Swim 9:30 a.m. until Dusk Monday–Friday

<u>Weekend Schedule</u> - All Sat/Sun and Holidays will follow this schedule 1:00 PM until Dusk Saturday/Sunday/Holiday



In-Service Training

Our staff performs inservice training daily to keep their response time and recognition time as quick as possible



Family fun Night

Staff and patrons participate in the annual fun night at Crystal Lake.



In-Service Training